

Helplines

ChildLine	0808 11 11 childline.org.uk
National Domestic Violence Helpline	0808 2000 247
Rape Crisis	0808 802 9999
Respect (Helpline for those who harm their partners)	0808 802 4040
Cruse (Bereavement care)	0808 808 1677
Mencap	0808 808 1111
Ministers and Clergy Sexual Abuse Survivors Group (MACSAS)	0808 801 0340 macsas1@hotmail.com
National Association of People Abused in Childhood (NAPAC)	0800 085 3330 / 0331
Stop It Now! (Helpline for child sex abusers and their families)	0808 1000 900 stopitnow.org.uk parentsprotect.co.uk
Alzheimer's Society	0300 222 1122 alzheimers.org.uk
Elder Abuse	0808 808 8141 elderabuse.org.uk