

## Sunday Club – 4<sup>th</sup> July 2021

The following is one way of delivering this session with children. This week we explore being prepared to be vulnerable.

### Opening activity: Packing for a journey

You will need: a variety of things one might want to take on a journey, e.g., walking boots, map, compass, torch, water bottle, energy bar, phone, towel, summer hat, gloves, Bible.

- Ask your child(ren) about journeys they have taken. What did they pack in their bag?
- Show the children the items and ask which three they would take on a journey and why.

### Opening prayer:

For all we eat and all we drink (*mime eating or drinking*)

Dear God: Thank you.

For where we live and what we wear (*mime putting clothes on*)

Dear God: Thank you.

For those who care for us and those we care about (*pat your heart*)

Dear God: Thank you.

**Amen.**

### Open the Bible at Mark 6.1-13

Doodle timeline - You will need: sticky notes, pens.

- Read the story, pausing after every few sentences.
- Invite the children to draw/write on a sticky note about what is happening in the story. This can be symbolic (a question mark, a sad face), some key words or a sketch of the scene.
- Place the sticky notes on a wall to create a timeline of the story.

### [Mark 6.1-13 ICB - Jesus Goes to His Hometown - Jesus left - Bible Gateway](#)

### Stop and share:

- Sabbath is a day of rest and prayer for Jews from Friday night to Saturday night; a synagogue is a Jewish place of worship.
- Explore what 'shake off the dust that is on your feet' might mean, and why Jesus might have said it.

### Talk Together:

- How does it feel when you don't have everything you need?
- Why do you think Jesus sent the disciples out without things they might need?
- How can we learn to trust God to give us what we need?

### Craft Activity – Make a board game!

Create a game of the disciples' mission trip.

You will need: board game ([template](#)), printed onto card for each child; scissors, glue, colouring pens; dice.

- Provide each child with a board game template, printed onto card. Invite them to cut out all the elements.
- Help the children to stick the bread and walking sticks onto the board; the bread should be in place of a snake (to slide down) and the walking sticks in place of a ladder (to climb up). Finally, add the consequence squares onto the board and colour as desired.
- Invite the children to play the game in pairs.

### Praise Song:

Every Step, Nicky and Becky Drake on *Every Step*

[https://www.youtube.com/watch?v=nZBhKp5\\_HwE](https://www.youtube.com/watch?v=nZBhKp5_HwE)

Sing and dance along!

### Go with God

Consider together what you have explored, what that means for each of you and how it might influence your daily lives.

- Invite your child(ren) to draw round their foot and cut it out. If you have time, they could decorate it and/or add some words from the Bible passage.
- Encourage them to put this footprint by your front door and use it to remember that Jesus is sending us out every day, and that we put our trust in God.

### Closing Prayer:

God, we are sorry that we are not always satisfied;  
we are sorry that we want more.  
Forgive us and help us to be grateful  
for all that you have given us.

Lord Jesus, help us to trust you  
and always know you are with us.  
Amen.

### Other ideas for family worship:

An alternative is provided by Hull minster (2 Samuel 5: 1-5, 9-10)

<https://hullminster.org/family-resources>

Kid's Church – There is not a service scheduled for this week, but you might want to look back at a previous one. They are great fun and very interactive.

[Rev Chris Lee - YouTube](#)

Please note that the Rochester Diocese's Ministry at Home has now ceased.